



Rx Clinical Product Facial Protocol for Professionals

Euro-Basic

1. Multi Fruit Exfoliating Cleanser- Use AM/PM Apply with your fingers and hands in a gentle circular motion to entire face and throat area clockwise then counter clockwise to cleanse. Rinse with cool or warm water or remove with a warm wet wash towel.
2. Enzymatic Cleanser- Use AM/PM same process as step #1.
3. Firming Astringent & Toner- Use AM/PM Spray mist then pat dry with cotton towel or saturate cotton pad with toner and pat all over face and throat area to get your PH to normal balance.
4. Extraction- AM/PM Do extractions as needed.
5. Hydrating Mask with Aloe/Azulene - Use AM/or PM use 1 to 2 times per week. Use fan brush to apply mask. Allow 10 to 15 min. then remove with wet and warm cotton towel wraps.
6. Lactic & Glycolic Mint Mask-Use AM/or PM use 1 to 2 times per week. Apply to clean skin and allow 10 to 15 min. Remove with wet and warm cotton towel wraps.
7. Massage Crème- Use AM/or PM 1 time per week. Apply massage crème with your finger tips and hands and do circular manipulations all over face and throat area for 10 to 15 min. Remove massage crème with cleanser for face. Use wet and warm cotton towel wraps to remove all left over residue from massage crème. Repeat if necessary until all residue is washed off.
8. Snap 8 Serum- Use AM/PM apply all over face and neck area with your finger tips. Follow with moisturizer.
9. Illuminscent 11/11 Moisturizer-Use AM/PM apply all over face and throat area. Allow time to absorb. Follow with eye gel and SPF.
10. Ultra Firming Eye Gel-Use AM and Synchronized Recovery Eye Complex Use PM- apply with your ring finger by gently patting around eye area. May be used during the day to relieve tired and irritated eyes.
11. Physical Sunscreen SPF 30-Use AM- apply all over face and throat area. Allow to be absorbed, you may apply your make-up. Use SPF of at least 30 at all times that you are going to be exposed to the sun-light through out the day for your skin's protection from sun damage.

Anti-Aging

1. Anti-Aging Exfoliating Cleanser-Use AM/PM apply with circular motion. Remove with warm cotton wash towel or rinse with cool water. This cleanser may also be used as a shave lotion for a smooth shave for men or women.
2. Firming Astringent & Toner-Use AM/PM- apply by using the spray mist and blot dry with a cotton towel or put a few drops on a cotton pad and pat gently over entire face and throat area.

3. Microdermabrasion Crème- Use AM/or PM- apply with your finger tips and hands in a circular manipulation over face and neck area for 10 to 15 minutes then remove crème with cleanser, using wet and warm cotton towel wraps to pick-up all of the crème from the entire face and throat area. Follow-up with chemical peel if desired by client.. *Avoid eye area*
4. Chemical Peel-Use AM/or PM- use 1 to 2 times per week depending on skin condition. Use gloves when applying.* Always avoid eye area/be sure to apply SPF of at least 30 after treatment of the chemical peel is completed.* Step #1 apply Pre-Peel Solution(with 1 to 2 pumps) of the solution. Gently apply Pre-Peel Solution on face and throat area with a sterile gauze or cotton pad. Allow solution to stay on skin for 1 to 3 minutes and then rinse with cool water. Step#2 Apply Glycolic 30% Acid (1-2 pumps) of the glycolic solution onto a fan brush or sterile gauze or cotton pad and gently brush on face and throat area with gentle strokes or pat if using pads. Allow 1 to 2 minutes and then rinse with cool water. Step#3 Apply the Post-Peel with sterile gauze or cotton pads (1-2 pumps) and leave on skin for 2 to 3 minutes, then rinse with cool water. Avoid sun exposure for at least one week after your treatment is done. Wait one week for your next treatment to be done. Four (4) treatments are recommended for best results. Apply Physical Sunscreen SPF 30, before being exposed to the sun-light.
5. Hydrating Mask with Aloe/ Azulene -Use AM/PM use 1 to 2 times per week. Apply mask with a fan brush or your finger tips, evenly over face and throat area. Avoid eye area. Leave on for 10 to 15 minutes. Remove mask gently with warm/wet cotton towel wraps, repeat if necessary, to make sure all residue is cleansed off completely.
6. Lactic & Glycolic Mint Mask-Use AM/PM – may use 1- 2 times per week. Apply mask with a fan brush or your finger tips, evenly on face and throat area. Allow 10 to 15 minutes to set. Remove with warm and wet cotton towel wraps, repeat if you still have some left over residue from the mask.
7. Massage Crème- Use AM/PM one time per week depending on skin condition and treatments involved. Apply massage crème over entire face and throat area with your fingers and hands and proceed with proper massage manipulations for 10 to 15 minutes, throat area included. Wrap entire face and throat area with warm /wet cotton towel wrap to remove massage crème residue, Apply a small amount of cleanser and cleans face and throat area then repeat warm/wet towel wrap until all residue is washed off completely.
8. Snap 8 Serum- Use 2 times per day AM/PM apply with your finger tips gently over face and throat area, allow to be completely absorbed into your skin and then follow with Snake Serum on forehead.
9. Syn-Ake Serum-Use 2 times per day AM/PM apply with your finger tips, gently over your frown lines on your forehead.
10. Stem Cell Serum- Use one time per day AM- apply all over your face and throat area. Follow-up with Restorative Triple Moisturizer.
11. Illuminscent 11/11 Moisturizer- Use AM and PM(2x per day apply gently to entire face and throat area with your fingers and hands making sure to cover all areas treated with the chemical treatment solutions. You may also use the Neck and Decollete' Crème. Allow to completely absorb into your skin.
12. Ultra Firming Eye Gel- Use AM/PM apply gently with your ring finger by patting around the area. May also be used during the day for tired and irritated eyes, apply in the same process as used in the morning.

13. Physical Sunscreen SPF 30-Use in the morning all over entire face and throat area before sun exposure. After absorbed into your skin you may apply your foundation and make-up

Oily/Acne

1. Enzymatic Cleanser-Use 2 times per day AM/PM apply with your fingers all over entire face and throat area by massaging gently onto skin or use a facial brush. Remove cleanser with warm/wet cotton towel wraps.

Multi Fruit Exfoliating Cleanser-Use 2 times per day AM/PM you may alternate cleansers and follow same cleansing instructions daily.

2. Firming Astringent & Toner - Use 2 times AM/PM use spray mist or may dab gently with a sterile gauze or cotton pad you may blot dry with a clean cotton towel if you used the spray mist toner.
3. 6% Glycolic Correcting Gel-Use 1 time daily (A/M) apply 1 pump only of the gel onto a fan brush and gently smooth over face and throat area (avoiding eye area).Remove gel with warm wet cotton towels. Apply SPF 30 at the end of treatment.
4. Aloe/Azulene Mask-Use 2 to 3 times per week AM or PM –Apply with a fan brush over face and throat area *(avoiding eye area)*making sure you applied evenly on areas to be covered. Allow 10 to 15 minutes to set. Remove with warm and wet cotton wraps, you may repeat if necessary in order to pick all residue.
5. Lactic & Glycolic Mint Mask- Use (AM) 2/3 times per week depending on skin condition. *Avoid eye area when applying mask* you may use your finger tips making sure that you apply mask evenly over face and neck area. Allow mask to set for 15 to 20 minutes. Remove mask with warm and wet cotton towel wraps, making sure to repeat if necessary in order to pick up all residue from the mask application leaving skin completely clean.
6. Snap 8 Serum –Use 2 times per day AM/PM apply all over face and throat area allow time to completely absorb.
7. Glycolic Moisturizer- Use AM/PM for Oily Skin apply with your finger tips to face and throat area.
8. Ultra Firming Eye Gel- /Use 2 times daily AM/PM- dab a small amount with your ring finger around your eye area. Maybe used thru out the day for tired, irritated eyes.
9. SPF 30 Cream-Use in the morning before exposure to the sun light. Apply all over face and neck area. Always apply after any harsh treatments to protect you from the suns rays and the environment.

Men's Skin Care

1. Multi Fruit Exfoliating Cleanser -Use AM/PM- apply with your finger tips by gently massaging in a circular motion all over face and throat area. Rinse with cool or warm water or use a cotton wash towel. Blot dry by patting gently dry. Follow with Hydrating Toner Mist Spray. This cleanser may also be used as a shave lotion for a smooth shave.
2. Enzymatic Cleanser- Apply to face and use to shave the face.
3. Firming Astringent & Toner- Use 2 times daily AM/PM mist spray over face and neck area allow to absorb into skin or use cotton pad and pat gently over face and neck area.

4. Microdermabrasion Crème-Use 2 to 3 times weekly, massage in a circular motion for 2 to 3 minutes. Remove with warm cotton wash towels until all residue from the crème is gone.
5. Physical Sunscreen SPF 30 Cream-Use on clean face in the morning before sun exposure. Apply with your fingers all over entire face and neck area.
6. Ultra Firming Eye Gel- apply around eye area

Rosacea/Sensitive

1. Enzymatic Cleanser-Use 2 times per day AM/PM apply to face and throat area with a gentle circular manipulation. Rinse thoroughly with cool or warm water or use warm wet cotton wash towels.
2. Firming Astringent & Toner- Use 2 time daily AM/PM use the spray mist for this skin type allow to absorb into skin or you may blot dry by patting gently over face and throat area.
3. Extractions- Should be done by a professional only and as needed. If condition is extremely delicate refer your client to a Dermatologist . If extractions are done, you may put 2 to 3 drops of Aloe Comfrey Gel on a sterile gauze and gently dab on areas that were extracted. Allow time to absorb into skin.
4. Matrix Soothing Calming Serum-Use 2 times per day AM/PM apply serum under eye area for dark circles, for rosacea clients you may apply to cheeks, nose, chin, where you see redness and broken capillaries.
5. Aloe/Azulene Mask-Use 2 to 3 times per week, apply with a fan brush covering evenly over entire face and throat area *(Avoiding Eye Area)*. Allow 10 to 15 minutes to set Remove with warm/cool cotton towel wraps making sure that all residue is off and face and throat are completely clean.
6. Peptide Lotion- Use 2 times daily on cleansed skin. Apply to entire face and throat area gently with your finger tips. Allow to absorb into skin. Follow with moisturizer.
7. Illuminscent 11/11 Moisturizer-Use 2 times per day AM/PM apply gently to clean skin with your finger tips all over entire face and throat area. Allow to absorb into skin.
8. Ultra Firming Eye Gel-Use 2 times per day, apply by gently patting with your ring finger around your eye area. Allow to absorb into your skin.
9. SPF 30 Cream- Use in the morning, apply all over face and throat area before sun exposure. Allow to absorb into your skin, you may apply your foundation and make-up as soon as possible if you wish.